

Capital Area School of Practical Nursing
Skills Lab Syllabus
Class 119
Quarter 1

Clinical Skills Lab Coordinator: Aby Phoenix RN, BSN
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Course Description: This course provides the student with knowledge and practical application of basic nursing skills while incorporating concepts learned and to be learned in Fundamentals. Students learn and practice all skills listed below that are required for quarter one. There is major emphasis on patient assessment and sterile technique as these are vital stepping stones each student must master before progressing in this program.

Textbooks:

DeWit, Susan C (2014). Fundamental Concepts and Skills for Nursing 4th edition: Elsevier.
ATI Academy Books

References:

ATI Learning Academy: Skills Tutorials

Course Objectives:

At the successful conclusion of the course the student will be able to:

- I. Demonstrate proper basic head to toe assessment including proper stethoscope placement for respiratory assessment, cardiovascular assessment, and abdominal assessment.
- II. Demonstrate proper sterile gloves, sterile field, sterile technique and sterile dressing change.
- III. Demonstrate proper blood glucose monitoring.
- IV. Demonstrate proper insertion and removal of a Foley catheter.
- V. Demonstrate proper suture and staple removal.
- VI. Demonstrate proper management of drains. (JP, Hemovac)
- VII. Demonstrate proper IV saline lock removal.
- VIII. Demonstrate proper ostomy management.
- IX. Demonstrate proper oxygen management and therapy.
- X. Demonstrate proper enema administration.
- XI. State the evidence-based rationale for basic critical elements of the above nursing procedures.

Classroom Performance & Student Responsibilities:

All policies are to be followed as outlined in the CASPN Student Handbook.

Methods of Teaching:

ATI video tutorials

Demonstration

Educational posters

Return Demos/Quizzes

Methods of Evaluation

1. Skills check-off
2. Quizzes

Grading Scale:

Competency check-offs are Pass/Fail. In order to achieve a passing grade the student must participate in scheduled lab days. There are two attempts to pass a skill, if a student does not pass on either attempt they must remediate the skill. If after remediation a student does not pass the check-off, a grade of Fail will be given and the student will be dismissed from the program.

Absence from the lab requires *prior* approval by the Clinical/Skills Lab Coordinator. Missed sessions must be made up and will be arranged at the discretion of the Clinical/Skills Lab Coordinator.

Quarter 1 Clinical Lab Schedule:

Sept 6: Practice Assessments; Head to toe, B/P, Lung Sounds, Heart Sounds, Abdomen

Sept 12: Check off on assessments

Sept 13: Practice sterile technique, dressing change, and foley insertion

Sept 19: Check-off sterile technique, dressing change, and foley insertion

Sept 20: Accuchecks, Quizzes and any remediations

This syllabus is not a contract between the instructors and student enrolled. Content is subject to change. Students will be informed of any changes made in content, course policies or grading as they occur.

