

CAPITAL AREA SCHOOL OF PRACTICAL NURSING NURSING FUNDAMENTALS SYLLABUS

Class #119

First Quarter: Fall 2016

Time: 1230 – 1600

Instructor: Karen Durr, RN

Phone: 217-585-1215, ext. 207, sdurr@caspn.edu

Office Hours: 0900 – 1200 & by Appointment

This course is taught concurrently with Nutrition ATI and Anatomy & Physiology.

Course Description:

This is a beginning course for the first quarter practical nursing student. Students are aided in the development of efficient methods of study including goal setting. The content proceeds from simple to complex and provides the foundation for progression within the program. **The role of the practical nurse as a productive member of the health care team** in the health care delivery system is stressed. Factors which contribute to effective communication, meaningful relationships and personal growth are introduced. Students are guided toward gaining personal insight and understanding of the uniqueness of individuals including ethical and cultural considerations. The holistic approach is utilized to assist individuals to reach and/or maintain high level wellness on the health-illness continuum. Safety in providing patient care is stressed.

Knowledge of the nursing process and critical thinking is introduced. Basic nursing skills are reviewed. Geriatric Nursing content begins in this quarter. Beginning use of Medical Terminology is also presented.

Textbooks:

1. DeWit, Susan C; FUNDAMENTAL CONCEPTS AND SKILLS FOR NURSING, Elsevier: 4th edition; 2014.
2. DeWit, Susan C; STUDENT LEARNING GUIDE FOR FUNDAMENTAL CONCEPTS & SKILLS FOR NURSING, Elsevier: 4th edition, 2014.
3. Chabner, Davis-Ellen.; MEDICAL TERMINOLOGY. Elsevier: 7th edition, 2015.
4. ATItesting.com - Fundamentals for Nursing.

Student Learning Outcomes :

1. Discuss concepts of health, illness and health promotion.
2. Discuss legal and ethical aspects of nursing.
3. Utilize the nursing process and critical thinking.
4. Utilize effective communication and documentation skills.
5. Contrast appropriate developmental, psychosocial and cultural considerations.
6. Demonstrate knowledge and skills to meet of basic physiologic needs of adult.
7. Demonstrate knowledge of basic geriatric nursing.

CLASSROOM PERFORMANCE and STUDENT RESPONSIBILITIES:

1. Classroom behavioral expectations with emphasis of respect and an atmosphere conducive to learning.
2. **No cell phone use during class.**
3. Utilize breaks appropriately and return on time.
4. **All policies** are to be followed as documented in the CASPN Student Handbook.
5. Course evaluations

Methods of Teaching:

1. Lecture, discussion
2. Videos
3. Written Tests
4. ATI Practice and Testing

Methods of Evaluation:

1. Written exams/assignments
2. Special assignments: Classroom activities
3. ATI fundamentals practice & proctored exam
4. ATI achieve modules
5. ATI nurse logic
6. ATI self assessment inventory
7. ATI critical thinking assessment

Course Content

- UNIT I. **Introduction to Nursing and the Healthcare System**
A. Nursing and the Health Care System
B. Concepts of Health & Illness
C. Legal and Ethical Aspects of Nursing
- UNIT II. **The Nursing Process**
A. Overviews of the Nursing Process
B. Assessment, Nursing Diagnosis and Planning
C. Implementation and Evaluation
- UNIT III. **Communication in Nursing**
A. Documentation of Nursing Care
B. Communication and the Nurse-Patient Relationship
C. Patient Teaching
D. Delegation, Leadership, and Management
- UNIT IV. **Developmental, Psychosocial and Cultural Considerations**
A. Adulthood and the Family
B. Promoting Healthy Adaptation to Aging
C. Cultural and Spiritual Aspects of Patient Care
D. Loss, Grief, and the Dying Patient
- UNIT V. **Basic Nursing Skills**
A. Infection, Protective Mechanisms and Asepsis
B. Infection Control in the Hospital and Home
C. Lifting, Moving, and Positioning Patients
D. Assisting with Hygiene, Personal Care, Skin Care, and the Prevention of Pressure Ulcers
E. Patient Environment and Safety
F. Measuring Vital Signs
G. Assessing Health Status
H. Admitting, Transferring and Discharging Patients
I. Diagnostic Tests and Specimen Collection

- UNIT VI. **Meeting Basic Physiologic Needs**
- A. Fluid, Electrolyte, and Acid-Base Balance
 - B. Diet Therapy and Assisted Feedings
 - C. Assisting with Respiration and Oxygen Delivery
 - D. Promoting Urinary Elimination
 - E. Promoting Bowel Elimination
 - F. Promoting Sleep and Comfort
 - G. Complementary and Alternative Therapies
- UNIT VII. **Medication Administration**
- A. Pharmacology and Preparation for Drug Administration
 - B. Administering Oral, Topical and Inhalant Medications
- UNIT VIII. **Care of the Surgical and Immobile Patient**
- A. Care of the Surgical Patient
 - B. Providing Wound Care and Treating Pressure Ulcers
 - C. Promoting Musculoskeletal Function
- UNIT IX. **Caring for the Elderly**
- A. Common Physical Care Problems of the Elderly
 - B. Common Psychosocial Care Problems of the Elderly

This syllabus is not a contract between the instructor and student enrolled. Content is subject to change. Students will be informed of any changes made in content, course policies or grading as they may occur.

Rev. 02/16