

Capital Area School of Practical Nursing
Skills Lab Syllabus
Class 120
Quarter 1

Instructor: Aby Phoenix RN, BSN

Instructor Contact Info: aphoenix@caspn.edu 217) 585-1215 x205

Skills Description:

This lab provides the student with knowledge and practical application of basic nursing skills while incorporating concepts learned in Fundamentals. Students learn, practice, and become competent with all the skills prior to going to a clinical site. There is major emphasis on patient assessment and sterile technique as these are vital stepping stones each student must master before progressing in this program.

Textbooks:

DeWit, Susan C (2014). Fundamental Concepts and Skills for Nursing 4th edition: Elsevier.

ATI Fundamentals Review Module Edition 8.0

References:

ATI Learning Academy: Skills Modules 2.0, www.atitesting.com

Focus Topics:

At the successful conclusion of this skills lab the student will be able to:

- I. Demonstrate proper basic head to toe assessment including proper stethoscope placement for respiratory assessment, cardiovascular assessment, and abdominal assessment.
- II. Demonstrate proper sterile gloves, sterile field, sterile technique, and sterile dressing change.
- III. Demonstrate proper blood glucose monitoring.
- IV. Demonstrate proper insertion and removal of a Foley catheter.
- V. Demonstrate proper suture and staple removal.
- VI. Demonstrate proper management of drains (JP, Hemovac).
- VII. Demonstrate proper IV saline lock removal
- VIII. Demonstrate proper Ostomy care.
- IX. Demonstrate proper oxygen management and therapy.
- X. Demonstrate proper enema administration.
- XI. State the evidence-based rationale for basic critical elements of the above nursing procedures.

Classroom and Skills Lab Performance & Student Responsibilities:

All policies are to be followed as outlined in the CASPN Student Handbook.

Methods of Teaching:

ATI Step By Step Viewing Videos

ATI Post Tests

Demonstration

Educational Posters

Hands On and Return Demos

Methods of Evaluation:

Competency check-offs are Pass/Fail. In order to achieve a passing grade the student must participate in scheduled lab days. There are two attempts to pass a skill, if a student does not pass on either attempt the student will be remediated by the Clinical/Skills Lab Coordinator. If after the remediation the student does not correctly demonstrate the skill, they will receive a grade of fail for that quarter and be dismissed from the program. Absence from the lab requires *prior* approval by the Clinical/Skills Lab Coordinator. Missed sessions must be made up and will be arranged at the discretion of the Clinical/Skills Lab Coordinator.

Quarter 1 Clinical Lab Schedule:

March 7: Practice head-to-toe assessment

March 13: Check-off head-to-toe assessment

March 14: Practice sterile gloves/field/dressings/foley insertion/removal

March 20: Check-off sterile gloves/field/dressings/foley catheter insertion/removal

March 21: Accuchecks,suture/staple removal,drains,oxygen,ostomy care

This syllabus is not a contract between the instructors and student enrolled. Content is subject to change. Students will be informed of any changes made in content, course policies or grading as they occur.

Rev 3/2017