Capital Area School of Practical Nursing

Course Title: Nursing of Mother and Newborn

Class: #119 Quarter: 4

Time: 0815-1145

Instructor: G. Eppley, RNC, MSN, APN, CS

Instructor Contact Information: 217-585-1215 ext 208, geppley@caspn.edu

Course Description: This course deals with all phases of the mother and newborn. The normal pregnancy cycle including antenatal, intrapartum and postpartum is stressed. Normal newborn assessment and care is emphasized. Common deviations of pregnancy/postpartum and congenital defects and conditions of the newborn are covered. The nursing process is utilized to determine interventions in the care of the mother and newborn. Concepts from nutrition and pharmacology are integrated.

Textbooks:

- 1. Leifer, Gloria, <u>Introduction to Maternity & Pediatric Nursing</u>, 7th edition, Elsevier, 2015.
- 2. McKinney, Emily, <u>Study Guide introduction to Maternity & Pediatric Nursing</u>, 7th edition, Elsevier, 2015.
- 3. ATI Maternal Newborn Nursing text, edition 9.0 and online resources.
- 4. ATI Nutrition for Nursing text, edition 5.0 and online resources.

References:

1. Current nursing literature and internet based web sites as related to course content. Acceptable sites include gov, org, edu or prior approval of instructor.

Student Learning Objectives:

Utilize the nursing process to determine the health care needs of the mother and newborn.

- 1. Identify the biopsychosocial changes, cause, symptoms, and management of common conditions occurring during the maternity cycle.
- 2. Describe the pathophysiology, cause, symptoms, and management of common conditions occurring during the maternity cycle.
- 3. Describe nursing interventions in care of the mother during each phase of the maternity cycle.
- 4. Describe development and characteristics of the newborn.
- 5. Describe the pathophysiology, cause, symptoms and management of common conditions in the newborn.
- 6. Describe nursing interventions in the care of the newborn.
- 7. Describe nutritional therapy utilized in the care of the mother and newborn.

- 8. Identify steps in maintaining aseptic environment on maternity unit.
- 9. Identify community agencies utilized in the care of the mother and newborn.

Identify responsibilities of the practical nurse as a member of the health care team.

- 1. Discuss legal/ethical implications in the care of the mother and newborn.
- 2. Demonstrate cultural sensitivity through acceptance of differences toward the patient with varying cultural backgrounds, lifestyles and values.
- 3. Discuss safety principles in the care of the mother and newborn.
- 4. Compare the roles of the practical nurse in various positions in maternity and newborn care.
- 5. Utilize effective communication skills during interactions with peers/instructors.
- 6. Identify strengths and weaknesses through self-evaluation.

Classroom Performance and Student Responsibilities:

All policies are to be followed as outlined in the CASPN student handbook.

No recording of lectures.

Point distribution (subject to change):

Tests: four at 40 points each	160
In class assignments/participation (must be present to receive points)	20
Antenatal/Intrapartum Definitions	10
Brochure-Patient Teaching Topic	10
Maternal Newborn Nursing ATI practice/remediation (See instruction sheet)	20
Proctored ATI Maternal Newborn	10%
Final	50

Methods of Teaching:

- 1. Lecture
- 2. Handouts/powerpoint/DVDs
- 3. Individual and group discussion
- 4. Written Assignments
- 5. Guest Speakers
- 6. Student role playing/case studies/reports/presentations

- 7. Content review NCLEX type questions/games
- 8. ATI self study/proctored testing

Methods of Evaluation:

As per grading system in CASPN handbook

Course Content:

- 1. Prenatal Development
- 2. Prenatal Care and Adaptations to Pregnancy
- 3. Nursing Care of Women with Complications during Pregnancy
- 4. Nursing Care of Mother and Infant during Labor and Birth
- 5. Nursing Management of Pain during Labor and Birth
- 6. Nursing Care of Women with Complications during Labor and Birth
- 7. The Family after Birth
- 8. Nursing Care of Women with Complications Following Birth
- 9. Term Newborn
- 10. Preterm and Postterm Newborns
- 11. Newborn with Perinatal Injury or Congenital Malformation

ATI Information:

See ATI remediation sheet.

This syllabus is not a contract between the instructor and student enrolled. Content is subject to change. Students will be informed of changes made in content, course policies or grading as they occur.