

Capital Area School of Practical Nursing

Syllabus

Course Title: Mental Health / Nursing II

Class : # 119

Quarter: 3

Time: 1230 – 4pm

Instructor: Megan Hackett RN BSN

Instructor Contact Info: 217-585-1215 x 206, mhackett@caspn.edu

Course Description: This course deals with the role of nursing associated with Mental Health Nursing and Medical Surgical Nursing II. In Mental Health the human emotional responses to stress and crisis along with the developmental continuum are explored. Course components include: utilization of the nursing process to determine the health care needs of patients with psychological & psychosocial illness. Identification of a variety of treatment modalities, concepts of therapeutic communication with the use of caring attributes, interpersonal relationships, and interdisciplinary management. Community mental health resources available to individuals, families, and groups with actual or potential mental health problems & or needs are investigated. The role of the nurse and care of the patient with a Neurological Disorder is explored in the Medical Surgical portion of this course.

Textbooks:

1. Gorman – Anwar, Neels Fundamentals of Mental Health Nursing, 4th ed, 2014
2. Cooper - Gosnell Adult Health Nursing 7th ed. 2015
3. Clayton-Willinhnganz, Basic Pharmacology for Nurses, 16 ed. 2013
4. ATI PN Mental Health Nursing 9th ed
5. ATI PN Med Surg Nursing 9th ed
6. ATI PN Pharmacology for Nursing 6th ed

References:

1. Professional Articles
2. Online Professional Websites
3. Mosby's Pocket Medical Dictionary, 7th ed 2014
4. Mosby's Drug Guide for Nursing Students 11th ed, 2015
5. Internet based websites may be utilized as related to course content. Acceptable sites are .gov .org .edu, and or as approval of instructor.

Student Learning Outcomes

1. Application of knowledge and understanding of Psychological and Psychosocial Illness and treatment.
2. Demonstrate caring attributes with patients experiencing impaired biological, psychological, and social functioning.
3. Demonstrate Cultural Sensitivity through acceptance of differences toward the Mental Health patient.
4. Apply ethical principles in development of therapeutic nursing interventions for clients experiencing mental illness.
5. Discuss legal, ethical, and political issues that arise in protecting patient rights in mental health situations.

Classroom Performance & Student Responsibilities:

1. CASPN handbook will be enforced.
2. Students are required to read all materials BEFORE coming to class.
3. Active participation in class activities & discussions are how participation points are earned.
4. Attend class regularly. Attendance is taken daily at the start/end of class. Students will be counted late if they are not in the classroom when attendance is taken.
5. All assignments must be completed by the due date.
6. No recording lectures.
7. ***All policies are to be followed as outlined in the CASPN Student Handbook.***

Methods of Teaching:

1. Lecture
2. Power Point/Handouts
3. Class discussion/participation
4. Guest Speakers
5. ATI online interactive learning resources
6. Case Studies
7. DVD's / Videos
8. Online Interactive Text Book study guides
9. Content Reviews / Trivia

Methods of Evaluation:

1. Exams
2. Class Participation
3. ATI Testing Practice & Proctored
4. Presentation Rubric

ATI Information

ATI practice exam(s) are assigned each quarter. Students must complete the assigned test once by the assigned date and the remediation by the assigned date to be awarded points for each. Partial point will not be awarded. See ATI Student Instruction Handout for Practice tests.

ATI Proctored Exams per Student Handbook.

Course Content:

Care of the patient with a Mental Health Disorder.

1. Foundations for Mental Health Nursing
2. Threats to Mental Health
3. Special Populations
4. Continuum of Care

Mental Health Group Presentation

Mental Health group presentation is required as course content. Prepare a Presentation or a skit utilizing Mental Health Nursing concepts/skills. This presentation should include equal participation of all group members both during planning phase and presentation. The presentation topic must be approved per instructor. A Guideline & Rubric is to be followed for points & can be accessed on Moodle.

Point Distribution:

Tests: Six at 50 points each	300
MH ATI Practice test B	10
MH ATI Remediation Notebook	10
MH ATI Proctored	TBD
Participation points, 5 at 5 points each	25
Mental Health Presentation	60
Final Exam	100
Total	510

This syllabus is not a contract between the instructors and student enrolled. Content is subject to change. Students will be informed of any changes made in content, course policies or grading as they occur.